



Godwin George

Consulting Psychologist

My Contact

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📍 Kerala, India

Hard Skill

- Counseling and therapy techniques
- Psychological assessment and treatment planning
- Technology and tele psychology
- Psychological interventions
- Behavioural modification
- Cross cultural competence
- Psychosocial rehabilitation

Soft Skill

- Empathy
- Active Listening
- Emotional Intelligence
- Flexibility
- Resilience

Education Background

- Bangalore City University
Masters in Clinical Psychology
Completed in 2023
- Mahatma Gandhi University
Bachelor's in Psychology
Completed in 2021
- Don Bosco Higher Secondary School
Biopsychology, major in psychology
Completed in 2018

About Me

Highly dedicated and compassionate psychologist providing comprehensive mental health services. Skilled in conducting assessments, developing personalized treatment plans, and implementing evidence-based interventions. Proficient in building therapeutic relationships and creating a safe, non-judgmental space for clients to explore their concerns. Strong communicator adept at explaining complex psychological concepts in accessible language. Passionate about empowering individuals to achieve emotional well-being and personal growth. Seeking to leverage my expertise and drive for positive change in a dynamic and client-centered setting.

Professional Experience (INTERN)

Health Department Kerala Government | Telecounsellor

January 2022 - March 2022 (2 MONTHS)

Key responsibilities:

- Providing Remote Counseling Services
- Assessing Client Needs
- Monitoring Progress
- Providing Psychoeducation
- Crisis Management
- Documentation and Record-Keeping

Govt. MHC | Clinical psychology intern

June 2022 - July 2022 (1 MONTH)

Key responsibilities:

- Conducting Clinical Assessments
- Assisting in Treatment Planning
- Providing Therapy and Counseling
- Conducting Psychoeducation
- Maintaining Documentation

DREAMS NGO | Child Mentor

2019 - 2021 (2 YEARS)

Key responsibilities:

- Collaborating with Parents and Caregivers
- School Consultation and Collaboration
- Behavioral Management

Achievements

2017- 2018 **Elected as the Head Boy of the School**

2020 - Jan **Attended a National Psychological Training Conference**

2022 - Sept **Developed a psychometric tool, measuring attitudes towards LGBTQ community.**