



ABHISHEK S JOHN

Consultant Psychologist

Dedicated and enthusiastic psychology educator with immense commitment to illuminate the young minds to the world of knowledge and help them to be a good human being by improving their academic, personal, and professional skills. I am committed to foster an atmosphere of learning that is both interesting and inclusive and in which students may get a thorough knowledge of psychological theories, critical thinking abilities, and a love of learning that lasts a lifetime. My objective as a psychology instructor is to have a significant influence on student's lives and to prepare them for academic achievement and future endeavours in psychology.

EXPERIENCE

AUGUST 2022 – PRESENT

HoD, CHRIST COLLEGE OF SCIENCE AND MANAGEMENT (KARNATAKA, INDIA)

Ensure academic excellence in the department. Lead and manage department members for the delivery of curriculum. Delegate responsibilities, set high standards and provide clear vision. Develop and implement policies which echo the department's commitment to provide effective education.

NOVEMBER 2021 – AUGUST 2022

ASSISTANT PROFESSOR, STUDENT COUNCELLOR CHRIST COLLEGE OF SCIENCE AND MANAGEMENT (KARNATAKA, INDIA)

Deal with academics, documentation work for NACC. Conduction, and coordination of events. Design and implement innovative methods of teaching. Prepare daily lessons and targets for the students in the college learning management system. Mentor the students with their academic progress. Assess, review, and evaluate the progress and activities of the students.

MARCH 2020 – APRIL 2020

INTERN, MINDFUL REJUVANATION, (ERNAKULAM, KERALA, INDIA)

Learned about the nature and diagnosis of various disorders, facilitated recreational activities and awareness classes, helped the patients to follow the structured daily routine with constant supervision, support and guidance.

NOV, 2020 – JAN, 2021

PEER COUNCELLOR, (MANGALORE, INDIA)

Took 20-hour counselling session for the peer group under the guidance of trained professionals.

MAY, 2020 – OCT, 2020

STUDENT FACULTY, CALIBRE, (KOTTAYAM, KERALA, INDIA)

Trained students with ADHD and special needs, under the guidance of a psychologist. Exposed to remedial teaching, involved in the academic training of children in basic mathematics, physics

APRIL, 2019 – MAY 2019

STUDENT VOLOUNTEER, CALIBRE, (KOTTAYAM, KERALA, INDIA)

Exposed to learning disability training, ADHD management. Involved in the academic training of children with special needs and their behavioral management.

2017-2018

VOLOUNTEER, DREAMS (INDIA)

Worked as a volunteer for organizing and leading a three-year personal and leadership development program named DREAMS.

WORKSHOPS/SEMINARS/TRAININGS ATTENDED.

- Faculty Development program on OUTCOME BASED EDUCATION.
- Webinar on Intellectual Property Rights.
- Webinar on UPSIDE OF STRESS.
- Workshop on Psychotherapeutic techniques (5 days residential workshop)
- Workshop on COGNITIVE BEHAVIOUR THERAPY.
- National Seminar on 'Responding to Survivors of Trauma'
- National conference on INCLUSION OF PERSONS WITH DISABILITIES "leave no one behind"
- National level Seminar on Learning Disabilities

RESEARCH

- IDENTIFYING THE GAINS AND LOSSES OF VIRTUAL LEARNING IN KNOWLEDGE ACQUISITION AMONG LATE ADOLESCENTS DURING COVID-19 PANDEMIC.

EDUCATION

AUG 2021

M.SC. PSYCHOLOGY, ST AGNES COLLEGE FOR POST GRADUATE STUDIES AND RESEARCH(AUTONOMOUS), MANGALORE UNIVERSITY.

FEB 2019

B.SC. PSYCHOLOGY, KRISTU JYOTI COLLEGE OF MANAGEMENT AND TECHNOLOGY, MAHATMA GANDHI UNIVERSITY

MARCH 2016

11TH & 12TH, MOUNT CARMEL VIDYANIKETAN, KANJIKUZY KOTTAYAM (CBSE)

MARCH 2014

10TH, MOUNT CARMEL VIDYANIKETAN, KANJIKUZY KOTTAYAM (CBSE)

SKILLS

- Decision Making
- Collaboration and Teamwork
- Technology Integration
- Empathetic listening
- Differentiated Instruction
- Communication and Interpersonal Skills.

PERSONAL INFORMATION

• Contact address:	Nellikunnel (h) Narakakanam P.O, Idukki, Kerala, india
• Date of Birth:	11/08/1998
• Age:	25
• Nationality:	Indian
• Marital Status:	Single
• Phone:	+918848057976
• E-mail	abhisheksjohn@gmail.com

REFERENCE

- Reference can be provided upon request.

DECLARATION

I hereby declare that the above-mentioned information is true to my knowledge.



Abhishek S John

